

## Wednesday Night Prayer Group

Prayer is an essential element of Christian life. We pray every day, sometimes in a structured way, such as daily devotions or thanks before a meal; sometimes in random moments, such as on the way to a doctor's appointment or before a history exam. Prayer is always an appropriate response, no matter what the situation. We can all benefit



from prayer, whether we are doing the praying or we are the ones for whom prayer is being offered. St. Mark's is starting a weekly prayer and praise group to pray for and with each other. The format will be informal and no one is required to "pray out loud!" This group will meet on Wednesday evenings at 7:30pm in the Prayer Room. You can come every week, once a month, or drop in as you are able.

## Science and Religion Class

For centuries, there have been intense conflicts between science and religion. These continue today both in this country, and worldwide. Popular opinion generally assumes an antagonistic relationship between science and religion, but modern scholarship increasingly reveals this is a one sided view "that is not only relatively recent, but also self-servingly propagated to this day by extremist voices in both the religion and science camps." Science and theology turn out to have more in common than is generally believed. This class features a DVD by award winning Professor Lawrence M. Principe of Johns Hopkins University and is moderated by Roger Stoughton, a retired civil engineer with 26 years spent in applied research, and 43-year member of St. Mark's. The class meets on Sunday mornings, at 11:00am, in Room E-21, from May 15 to June 19. The DVD includes 12 lectures, each one-half an hour long. Two lectures will be presented at each class followed by a ten or fifteen minute discussion. All are invited.

## Volunteer Opportunities



If you did not notice, there is a new page on the St. Mark's web site. This page shows some of the many volunteer opportunities here at St. Mark's. Go ahead and give it a look at [www.stmarksumc.com/volunteer](http://www.stmarksumc.com/volunteer).

## It's Almost Here!

Yep, Summer Sunday School is right around the corner and you are invited to join us in our one room multi-age classroom as a teacher or a helper. The curriculum and activities are preset and ready to go, so you just need to sign up and then show up on your scheduled day and time. Look for the bright yellow poster in the Patio on any Sunday and volunteer to join us.



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A Reconciling Congregation  
2391 St. Marks Way, Sacramento, CA 95864-0626

Phone: (916) 483-7848 Fax: (916) 483-7840 Online: [www.stmarksumc.com](http://www.stmarksumc.com)

## TODAY at St. Mark's

8:45am	Chancel Choir-CR
9:30am	Faith Pilgrimage-E25
9:30am	<b>Worship Service</b> -SA
9:30am	Youth Sunday School-GC
9:30am	Sunday School-E1-4, 21-23
9:30am	St. Mark's Singers-CR
9:45am	Worship Band Rehearsal-E26
11:00am	Quest Class-E24
11:00am	<b>Worship Service</b> -SA
11:00am	Jesus Seminar Class-E25
11:00am	Sunday School-E1-4, 22-23
11:00am	Science and Religion-E21
2:00pm	Seasoned Companions-E24
4:00pm	Youth Group-GC
6:00pm	Spiritual Companions-E24

## Family Promise Fund Raiser

The Valley Choral Society and Orchestra, [www.valleychoral.org](http://www.valleychoral.org), will present a concert of traditional, modern and gospel music **tonight**, May 22, at Trinity Episcopal Cathedral, 2620 Capitol Avenue (26th and Capitol in mid-town Sacramento) at 7:30pm. Tickets are \$15 general admission and \$10 for students and seniors and are available at the door or by e-mailing [tickets@valleychoral.org](mailto:tickets@valleychoral.org). The concert is a benefit for Family Promise of Sacramento.



## Emergency Contact Forms

Please fill out and return your Emergency Contact Forms to the office. Include any allergies you may have as well. Need a form? There are blank forms in the Narthex and on the St. Mark's website.

## This Week at St. Mark's

### Monday, May 23

#### Office Closed

7:30pm Home Bible Study-Off Site

### Tuesday, May 24

9:45am Calexico Circle-Off Site

7:00pm ANKH Circle-E26

7:00pm Disciple 2-E21

### Wednesday, May 25

9:00am UMW Sewing & Craft Circle-E5

9:30am Hilton Group-E25

7:00pm Shalom Circle-E26

7:00pm Grace in Motion-SA

7:30pm Prayer Group-PR

### Thursday, May 26

10:00am La Paz Circle-E5

6:00pm Scrap N Craft-E5

7:00pm Chancel Choir-CR

### Saturday, May 28

10:00am Community Breakfast-GC

### Sunday, May 29

8:45am Chancel Choir-CR

9:30am Faith Pilgrimage-E25

9:30am **Worship Service-SA**

9:30am Youth Sunday School-GC

9:30am Sunday School-E1-4, 21-23

9:30am St. Mark's Singers-CR

9:45am Worship Band Rehearsal-E26

11:00am Quest Class-E24

11:00am **Worship Service-SA**

11:00am Jesus Seminar Class-E25

11:00am Sunday School-E1-4, 22-23

11:00am Science and Religion-E21

2:00pm Seasoned Companions-E24

4:00pm Youth Group-GC

6:00pm Spiritual Companions-E24

## Just Cup Café

Please come over to the *Just Cup Café* following the service for refreshments and fellowship. We offer regular and decaf coffee as well as tea and juice.



## Remember In Prayer

Susanna Aaltonen  
(Blythe's friend)

Nancy Aldrich

Paul Allen

Sue Bailey

Ginny Baldauf

Jennine & Olivia Jones

Mary Kasai

Bob Kelgord

Agnes Lappia

Mary Jane Linn

(Pam Kepler's mom)

Bill Moore

Jimmie Poxon

Tim Rowe

Dick Smith

(Anne's husband)

## Summer Brunches

Summer Brunches will begin on Sunday, July 10, and continue through Sunday, August 28. We are looking for individuals or groups to host each of these events. If you would like to host or help at a brunch, please call Sandy Allen at 784-9376. It is always a good time for both those preparing and those eating.



## Calexico Circle

Calexico Circle will meet at Jeanette Moore's home Tuesday, May 24, at 9:45am. Joanna Ballard will lead a program on Mind Games. For more information please call 489-1477.

## Celebrating 10 Years of Ministry

On Sunday, June 12, Pastor Faith Whitmore will give her farewell sermon to the community here at St. Mark's, which she has served for the past 10 years. As we celebrate this special day there will be one combined service beginning at 10:00am. Following the service there will be a reception in MacMurdo Hall to continue the celebration of Pastor Faith's ministry to our community. This will be a great time of fellowship, memories, gifts and sharing of well wishes.

Some of you may wish to share your gratitude by offering a financial gift. Contributions can be made to St. Mark's with a note designating this offering for Faith's farewell.

Be sure to mark your calendars for this very special day. All are welcome! If you have any questions please contact Christopher Harris at 369-8329 or email at har1735@yahoo.com.



## Reconciling Anniversary

In celebration of the five years that St. Mark has been a reconciling (inclusive) congregation, the GLBTI community is planning several events to happen on Sacramento Pride Weekend, June 4-5.

We want to have a strong presence at Pride to let the gay community know that there is a church where they are loved and accepted. We are looking for people who are willing to walk the parade route on June 4, as part of the faith community. We're also planning to hand out invitations to the Anniversary Celebration and our booth at the Pride Festival that day. If you're interested in being in the parade or helping at the booth, please contact the church office.

The GLBTI community is very grateful to be part of a congregation that is so accepting and supportive. This thank you celebration will be on Sunday, June 5, both in the worship services, and at brunch after each service. Plan now to join the festivities with many guests from the community who will be invited at Pride. There are many things to do and funds needed to complete them. If you're interested in being involved, either physical or financial, please contact Cath in the church office at, cbrown@stmarksumc.com or 483-7848.

To commemorate the celebration, we have a limited supply of tee shirts for sale for \$20. Available in adult sizes: S, M, L, XL, 2XL, 3XL (as available). Order yours today at the table on the Patio. (Design at right)

